

WEEK 8

PRESCHOOL LESSON



Need to Know: *God Freed Me From All My Fears*
Bible Story: *Life of David (Psalm 23; 1 Samuel 17)*

Circle Up

1

1. WELCOME kids to our FearBusters Lab. EXPLAIN that in our lab, we are FearBusters who work hard to say "bye, bye, bye" to all the things that scare us and our monster friends.
 2. SAY: *My name is (YOUR NAME), and I will be your leader today!* (SHOW [FearBusters Box](#)) *When you get our FearBusters Box, tell us your FearBusting name!*
 3. PASS Box to each child, and ALLOW them to introduce themselves.
 4. After everyone has been introduced, SAY:
 - *Have you ever been scared of something?* (ALLOW responses.)
 - *We all get scared sometimes. We want to make sure there is NO FEAR IN HERE! I am going to hold our FearBusters Box open, and on the count of three, let's all pretend to throw any fear we have into this box.*
 - *One, two, three!* (HOLD box open, and kids can "throw" fears inside. Then, SHUT box tight.)
 - *We can have no fear because God has freed us from our fear. So say this after me:* (PAUSE to allow kids to repeat)
 - God* (both hands point up)
 - Freed Me* (wave arms and make happy face)
 - From All My Fears* (make scared face)
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Read the Bible

2

1. SAY: *Today we are going to read about a man who didn't have to be scared because God freed him from all his fears!*
 2. HAVE kids get ready to hear the Bible story by clicking on their listening ears and putting on their special eyes.
 3. SHOW and READ the [Bible Story Cards](#) to the group.
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Let's Practice

3

1. SAY: *Let's play a fun game and explore how God will free us from every fear we may have.*
2. PLACE [FearBusters Box](#) in the center of the group, lid open, with [Monster Pictures](#) inside the box.
3. GIVE each child one [Monster Bingo Card](#) and one roll of [Smarties](#), but tell them not to eat them yet.
4. PLAY [Monster Bingo](#) to explore how God can free us from our fears:
 - ALLOW one child at a time to select one [Monster Picture](#) from the [FearBusters Box](#) and SHOW the group.
 - READ each [Monster Picture](#) aloud, and ALLOW the group to respond.
 - Kids will place one [Smartie](#) on the monster that matches the [Monster Picture](#) shown. (Each [Monster Bingo Card](#) has an image duplicated. HAVE kids only place a [Smartie](#) on ONE of the images.)
 - PLACE the selected [Monster Picture](#) back in the [Box](#) and CONTINUE to play. (You may use [Monster Pictures](#) more than once. Place a [Smartie](#) on duplicated [Monster Picture](#) the second time the [Picture](#) is picked.)
 - When a child gets three monsters in a row, HAVE them shout, "Bingo!" *NOTE: Don't allow kids to eat [Smarties](#) until the very end of the lesson, in case you want to play [Monster Bingo](#) again.
5. CONTINUE to play until everyone gets [Monster Bingo](#) or as time allows. Then, SAY:
 - *God loves you and wants to take care of you. When you feel scared, you can pray to Him and He will bust all your fears!*
 - *Let me hear you say this after me:* (PAUSE to allow kids to repeat)
 - God* (both hands point up)
 - Freed Me* (wave arms and make happy face)
 - From All My Fears* (make scared face)

Memorize It

4

1. SAY: *The Bible tells us if you are scared, you can pray, and God will hear you. He wants to help your fears go "bye, bye, bye." Let's practice this verse together!*
 2. SHOW the **Memory Verse Card** and have kids repeat the verse after you several times. Then use the **Memory Verse Card** to practice the verse as a group.
 - "I prayed* (pretend to pray)
to the Lord, (point up)
and He answered me. (Cup hand to ear)
He freed me (wave arms and smile)
from all my fears." (make scared face)
Psalm 34:4 (make pretend book with hands)
 3. GIVE each child a **Coloring Sheet**. ALLOW kids to **color**.
 4. While kids are **coloring**, ASK each child to say the memory verse aloud to win a **memory verse prize!** ASSIST kids as needed.
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Let's Pray

5

PRAY with your group, having them repeat after you in short phrases:

- *Dear God, you are great! Please free me from all my fears. Thank you for my snack. I love you! In Jesus' name I pray, amen.*
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Stay Together

6

1. SANITIZE hands with **hand sanitizer**, and PASS OUT **snacks**.
2. KEEP kids engaged until they are checked out by doing the following activities:
 - PLAY "I Spy"
 - Leader can start the game and "SPY" something in the room.
 - Kids will guess what leader is "spying".
 - Kids can take turns spying objects and/or colors in the room.
 - PLAY Monster Bingo again. You can play as normal or play until someone gets entire **Card** covered with **Smarties**. Kids can eat **Smarties** after you have finished all rounds of Bingo.
 - HAVE kids **color** the back of the back of the **Coloring Sheet**. As kids **color**, ASK the following:
 - *What is something that has made you feel scared?*
 - *What do you do when you feel scared?*
 - *Who is with you and can help you bust your fear away?* (God)
 - *Did you have fun today?*