

WEEK 8

K-3 LESSON



Need to Know: *Bust Fear With Thankfulness*
Bible Story: *Life of David (Psalm 23; 1 Samuel 17; Psalm 118)*

Circle Up

1

1. WELCOME kids to small group, and TELL them your name.
 2. SAY: *To start small group today, we are going to pass around this monster. When it comes to you, share your name and answer this question: What is one thing you are thankful for?*
 3. PASS the monster around the group, and ALLOW kids to share.
 4. Once everyone has had a chance to share, SAY: *We are thankful when we remember all the things God has done for us. Thankfulness is another way we can bust our fears because it gives us hope for our future. That's what we need to know today. Let's say this together!*
 5. HAVE kids repeat the Need to Know after you with motions:
Bust Fear (pound fists)
With Thankfulness (hold out hands)
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Read the Bible

2

1. SAY: *Let's read a story from the Bible about a man who was thankful!*
 2. READ the Bible Story Cards to the group. Then, ASK the following questions:
 - *What did David offer to do when everyone else was scared?* (Fight Goliath)
 - *When David watched his father's sheep, did God keep him safe from lions and bears OR from sharks and sea lions* (From lions and bears)
 - *After remembering the things God had done for him, did David bust his fears by being thankful OR hungry?* (Thankful)
 3. SAY: *David faced lots of scary things in his life, but he did not have to be afraid because he remembered all that God had done for him in the past. Just like David, we can bust our fears and have hope for the future by being thankful!*
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Let's Practice

3

"Fear Charades"

1. SAY: *Let's play "Fear Charades" by guessing some things people might be afraid of as our teammates act them out!*
2. DIVIDE kids into two teams, and ALLOW kids to sit with their teammates.
3. PLACE the Charades Cards in a pile in the middle of the group.
4. ALTERNATE teams, allowing kids from each team to take turns drawing a Charades Card. The child that drew the Charades Card will act out the fear on the Card for his/her teammates to guess. If the team guesses correctly, they will earn one point for their team!
 - ASSIST kids if they need help reading the Charades Card or need direction about what to do.
 - For K-1, the leader can act out the Charades Cards for the kids to guess, if needed.
5. PLAY until each child has had a turn. If there are more Charades Cards than kids, ALLOW some kids to go twice.
6. At the end of the game, COUNT each team's points. The team with the most points wins! Then, SANITIZE hands and give kids candy, rewarding the winning team first.
7. While kids are eating their candy, READ and DISCUSS the Charades Question Sheet with the group.
8. Then, REVIEW the Need to Know by having kids repeat it after you with motions:
Bust Fear (pound fists)
With Thankfulness (hold out hands)

Memorize It

4

1. SAY: *Throughout this series, we have been practicing a verse that helps us remember God can free us from our fears. If you can say the verse on your own today, you will win a prize! Let's say it together* (SAY it with motions):
 - "I prayed to the Lord,* (make praying hands)
 - and He answered me.* (point up)
 - He freed me from* (wave arms)
 - all my fears."* (make a scary face)
 - Psalm 34:4* (hold up four fingers)
 2. If you have time for a game before allowing kids to say the memory verse on their own, PLAY a game with the group. To start the game, SAY: *Let's play "Hot Potato" to practice the verse!*
 3. ALLOW kids to play "Hot Potato" with the **monster**, saying one word of the verse each time they pass it. The person holding the **monster** on the last word of the verse ("4") is out!
 4. PLAY until there is one child left.
 5. GIVE each child a [Tic-Tac-Toe Sheet](#) and [drawing utensil](#).
 6. ALLOW kids to play "Tic-Tac-Toe" with a partner while you give everyone a chance to say the memory verse on their own. HELP kids say the verse as needed.
 7. REWARD kids with a [Memory Verse Prize](#).
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Let's Pray

5

ASK your group for any prayer requests. Then, PRAY the following for your group:

- That they would be thankful any time they are afraid
 - That they would have hope for their future by remembering what God has done for them
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Stay Together

6

KEEP kids engaged in Small Group until they are checked out by doing any of the following activities:

- PLACE **drawing utensils** in the middle of the group, and ALLOW kids to draw a picture on the back of their **Tic-Tac-Toe Sheet**.
- PLAY "Telephone" with the group, having kids start it off by whispering a fun phrase about a monster to their neighbor (EX: A one-eyed monster turned green when he ate pickles). Kids will continue whispering what they hear to the next person until it gets back to the first child. See if the phrase stayed the same!
- PLAY a version of "Simon Says" called "Monster Says," allowing kids to take turns being the "monster". Kids can make up their own motions or use some of the following:
 - Make a scary face
 - Tiptoe
 - Crouch down low
 - High-five a friend
 - Turn around three times